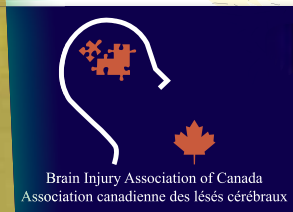


IMPACT



PATHWAYS AHEAD – AUGUST 2012

We salute you Mike, Jeff, and Troy!



Mike and Jeff, Shred4ACause and family, Nathan Phillips Square, Toronto in July. Story on page 4.



Troy Adams from www.troysrun.com and Barb Butler near Barrie in July. Story on page 4.



Barb Butler - Impact Editor

Message from the Editor, Barb Butler

Welcome to the summer issue of Impact, I hope yours has been as eventful and relaxing as mine has been. As well as some of our usual contributors I encourage you to spend some time reading our conference program. I am very proud of the quality of speakers (who come to us from all parts of Canada, the U.S. and Australia) we have gathered to educate and interact with those who attend our 9th annual conference. If you have not yet done so it is not too

late to visit <http://biac-aclc.ca/en/annual-conference/> to register. Early registrations have shown us that this may well be our biggest conference ever, a healthy sign in our growth as a young brain injury association. I hope to have the opportunity to meet all those who attend; it is in the sharing of personal stories and opinions that we grow as human beings.

**Barb Butler - Editor and
Conference Chair**

SHARE YOUR EXPERIENCES!

We want to hear your stories of living with an invisible injury in your community. Tell us what your community does to make it easier for you to engage in activities and what areas need improvement?

To help guide you, here are some questions to get started.

As a brain injury survivor or caregiver, what challenges have you encountered in your community?

How was the issue resolved?

Who participated in the resolution?

If the challenge was not resolved, tell us why?

The activities could be anything from participating at your local gym, receiving appropriate service at your bank, government office or local shopping malls, or the proper clearing of sidewalks in the winter to increase access and mobility.

**Please send your responses to Brain Injury Association of Canada;
440 Laurier Ave. West, Suite 200; Ottawa, ON K1R 7X6.**

If you are attending the Annual BIAC National Conference in Ottawa we invite you to participate in the session *“Challenges Living with an Invisible Injury”* for survivors, family and caregivers being held Wednesday, September 26, 2012 from 11:30 to 12:15

What the Courage to Come Back Award means to me

My name is Michael Coss and I suffered a traumatic brain injury in a motor vehicle accident on May 18th, 2006 which left me in a COMA for 6 + months. After doing some research on the internet, my parents undertook Hyperbaric Oxygen Therapy for me and it worked, I awoke from my 6 + month COMA, after 3 treatments of this therapy. I relearned the most basic skills, things that we all take for granted like how to eat, use the washroom, dress myself, and now I'm re-learning how to walk again at 43 years of age. I feel that I am a better person after my injury, and I appreciate all the fundraising efforts that were done by my family members, my friends, my co-workers, my former customers in my Molson Coors Canada days, to raise some money for so that I may undertake this alternative type of therapy.

In my rehab, I started my own Foundation, www.secondchancestepbystep.org, I wrote my own book to inspire others to be the best that they can be in their own personal situations, called The Courage to Come Back, to educate the general public about the potential benefits of Hyperbaric Oxygen for treating brain injuries. It's available at www.amazon.ca, www.barnesandnoble.com, and can be ordered also from all Chapter's/Indigo locations across Canada. All the proceeds raised from the sale of my book will be re-directed to The Michael Coss Brain Injury Foundation to help improve the quality of lives of children who have also suffered a traumatic brain injury by assisting them undergo HBOT treatments. I wrote my own book using my laptop, typing letter by letter, word by word, and page by page and it was released and made available on the 5 year anniversary of my accident and



Michael Coss and family at the Courage To Come Back Reception

injury, May 18th, 2011.

I experienced something very powerful, magical, and uplifting on Thursday May 17th, when I was presented with The Courage to Come Back Award in the physical rehabilitation category. This was in front of 1000 attendees at The Vancouver Trade and Convention Center where invited guests paid \$250.00 to attend this special evening, have dinner, and hear the remarkable stories of 6 individuals who have all had The Courage to Come Back from some kind of adversity. This award gives me the drive, focus, determination, to give 120 % to my rehab, whether it be improving my speech, or improving my walking ability, step by step, so that I

may return to a more "normal" way of life amongst my family, my children. I am so proud to receive this award, and I would like to say in closing "All things are possible when you believe".

In closing, I would like to THANK everyone for giving me a second chance at life by organizing and holding various fundraising initiatives throughout Canada which permitted my father to undergo HBOT treatments for me, my sincere THANKS.

Troy's Run Foundation

Benefiting Brain Injury Awareness

CREATING HOPE FOR TOMORROW, THROUGH OUR ACTIONS TODAY



On April 1, 2012, a top Signal Hill in St. John's, NL – Troy Adams set out on the beginning of a 9 month journey across Canada. Troy is running 40+ kilometers a day, ending in Victoria, BC. His journey is already receiving great support throughout our nation, both in the media and with the public. Fellow

Brain Injury survivors, runners, and even politicians, are speaking up in support of this great cause.

Troy's Run Foundation Benefiting Brain Injury Awareness, is a volunteer based organization focused on creating a better lifestyle for Brain Injury survivors and their loved one's.

Along with the team of directors; Troy's Run Foundation has set out its 2012 campaign goals. We will continue to host a number of fundraisers throughout the year, with our main focus set on Troy's Run: Marathon for Brain Injury Awareness.



Shred 4 A Cause

Waterloo, Ont.: Mike Harris, 27, and Jeff Abbott, 23, departed from Vancouver City Hall on Tuesday, May 1, 2012 at 10:00 am to begin a cross Canada Tour on their longboards to raise awareness and funds for the Brain Injury Association of Canada.

"The purpose of the tour was to

acknowledge the importance of using head gear while participating in any sporting activities with emphasis on longboarding," said Harris. "We hope to decrease and prevent the amount of future brain injuries caused by sporting activities, and raise \$100,000 for the Brain Injury Association of Canada while

doing so."

Harris and Abbott will spent 1 hour at a time longboarding while the other drove the support vehicle. The duo will spent 8 – 10 hours on their boards a day as they made their way across the country. The tour is finished in St. John's Newfoundland in August.

To Whom It May Concern:

My name is Caraleen Baker. I am a facilitator at Cornerstone Clubhouse in London, Ontario. Cornerstone has been in existence for more than 10 years. We are a 'day program' operating under the auspices of Dale Brain Injury Services.



Our Clubhouse was founded upon the standards set forth by the International Centre for Clubhouse Development. I would encourage you to go to the website (iccd.org) which will give you lots of information about what a Clubhouse is all about.

Cornerstone, over the past few years, has played an integral role in the formation of I.B.I.C.A. (International Brain Injury Clubhouse Alliance). I.B.I.C.A., follows the same model as I.C.C.D. with a few minor accommodations for persons with acquired brain injury.

Cornerstone is the only A.B.I. Clubhouse in Canada that has an I.B.I.C.A. membership.

We would like to encourage you to consider a membership in this association.

If you could consider the following questions, it would be very helpful in our data collection.

1. Are you a fully operational Clubhouse? If yes, what are the days and hours of operation of your Clubhouse? If not, please elaborate.
2. If you answered no to Question # 1, do you believe that you would benefit from a consultation from I.B.I.C.A.'s training and education committee regarding a new Clubhouse training.
3. Do you currently follow the Clubhouse standards to the best of your ability? The current I.B.I.C.A. standards (revised 8.21.08) are located here <http://www.braininjuryclubhouses.net/standards.aspx> If no, please describe your program.
4. Are you a current member of I.B.I.C.A.? If not, are you interested in becoming a member of I.B.I.C.A. Our current levels of membership for Clubhouses are:
 - * Developing Clubhouses: Clubhouses that are in the "developing phase, have not opened yet opened or are in the first year of operation and are not yet at full functioning capacity (2 full days or 3 half days a week.)
 - * Partner Clubhouses: Clubhouses that fully operational and are following the Standards to the best of their ability (open 4-5 days a week).

If you are interested in becoming an I.B.I.C.A. member, our I.B.I.C.A. Board Members will be happy to assist you in determining the right level of membership for your clubhouse.

Finally, please note your contact information. This is the information we would like:

Name of Your Clubhouse, Address, City, State, Zip, Country (we are international!)

Phone Number, Address of Contact Person, Website

If you have more questions about I.B.I.C.A., please include those in your email and I will be happy to answer them. If you would prefer to speak over the phone, please don't hesitate to call me at your convenience. I can be reached between the hours of 8 and 4 Eastern Standard Time at (519-679-6809).

We would be happy to arrange a tour of our Clubhouse for you and give you more information about how a clubhouse operates.

Thank you so much for your help in this matter and I hope that I.B.I.C.A. can serve as a resource for you in the future.

Sincerely,

Caraleen Baker

Cornerstone Clubhouse - London, Ontario Canada - 519 679-6809

An Excerpt from Chapter 5 of From Grave to Cradle to Now Men and Fathers – Joining the Order of the Asbestos Jock Strap

By Ian Powell McCallum

The day after attending our youngest son's wedding, close friends called to tell us that they had just heard from Montreal police that their twenty-three year old son, Rick, watching the sunrise with friends after an all-night party had slipped and fallen four stories off a roof and was in a coma in NeuroTrauma ICU.

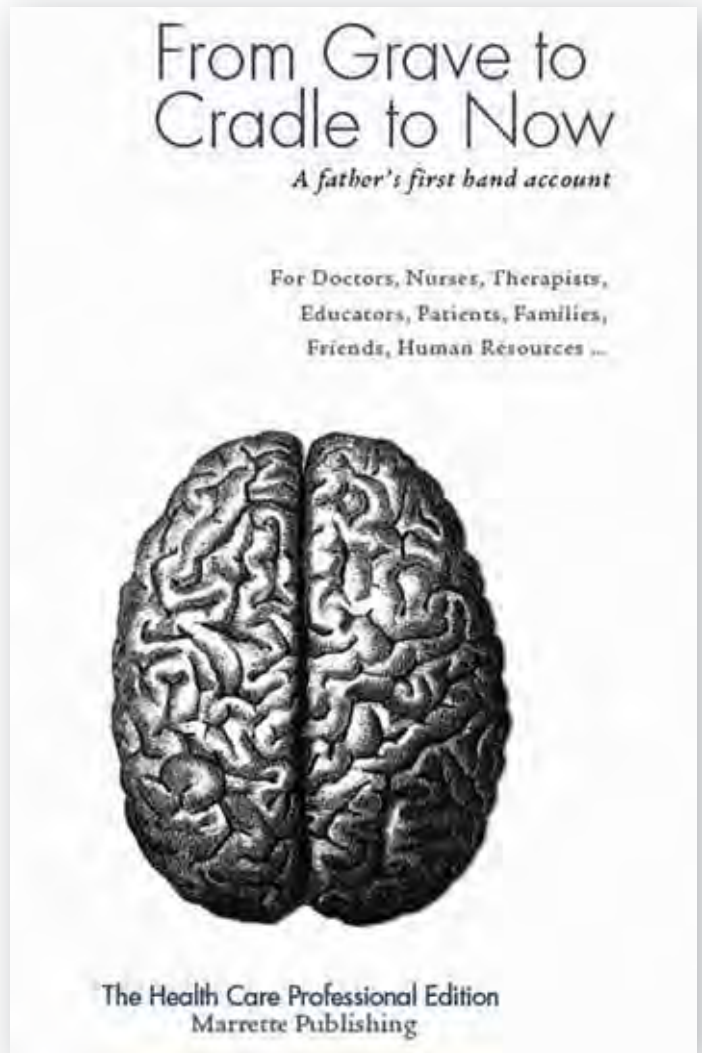
They had followed our 111 day hospitalisation, 3-year brain injury journey with eldest son, Drew, reading our Facebook postings and talking months later. At the wedding, Drew told them how important familiar voices and music had been to guide him out of his coma. They called us frequently from the Montreal hospital with many questions, much anguish and stress all round. Then Rick began to show probable signs: first, of surviving; then, of lack of paralysis. Then after vertebrae fusing and wiring shut his badly fractured jaw, he began a rapid recovery. He passed through some very difficult stages, including aggression and lack of inhibition.

During one call his father vented a cocktail of relief, frustration and anger. I replied in a manner appropriate to our relationship and to our shared experience. "You now qualify for admission to the Order of the Asbestos Jock Strap." Our shared laughter temporarily dissipated much of our trial-by-fire stress.

Two months after his wholly understandable but premature return to university, his body and mind rebelled. Neither one was yet healed enough to accommodate the demands placed on them. Then, with the help of professionals, he learned to better manage his recovery, a need common to all such patients—and their families.

During a visit to us, Rick told me that he now had the perfect posture he had always wanted then showed me the precise, 18-inch surgeon's scar down his spine where doctors fused his vertebrae. Paired perfectly 3/8ths of an inch apart on each side of the vertical scar were many puncture scars from the staples used to close up the incision. He said he considered adding a tattooed pull-tab at the top of his "zipper" body piercings. Yes, Rick and Drew have also qualified to join the Order. In case you haven't already guessed, it's a guy thing.

When psychotherapist Ramona Bray asked Drew and me to write articles for her ABIResource Manual,



she gave me, as a representative male and father, four questions which I answer below in five words or less but address them with the attention they deserve, complete with anecdotes, in my book *From Grave to Cradle to Now* available from www.marrette.cc/hcpro.html.

- The nature/societal challenge - expressing emotion?
- Do fathers have more pressure to comfort and take charge of the existing family and manage their own shock, grief? No
- Should fathers behave differently than mothers? Yes and no
- Do fathers have a different experience than mothers, siblings, friends? A qualified yes and no

I address the male context and exceptions, starting with the elephant in the room—destructive emotions. For the most part I treat stress as the buildup of negative psychological and physiological forces and I treat emotions as the out-of-control volcanic eruption of these massive negative forces.

I will speak September 26-28, 2012 to the Annual Conference of the Brain Injury Association of Canada in Ottawa.



Richard... Recommends.

is my way of highlighting video documentaries and lectures
to do with brain injury, training, and theory of the brain .

1. This excellent video documentary tells the recent story of how this technology and expertise allows this child's mobility aid to be sequentially redesigned and built to match her growing.

Doing without it and waiting for her growing up to complete in adolescence would not allow her neurological development and learn control of her limbs.

She like anyone thrives on movement and activity.

<http://www.wimp.com/printedexoskeleton/>

2. A bicycle helmet undoubtedly saved my life and diminished my brain injuries when I was hit from the side by a car running a red light.

Even with this credible life experience I am unable to convince even the children of close friends to always wear a helmet when cycling.

About 60% of the cyclists I see are not wearing a helmet. Perhaps this device will have greater use.

<http://www.wimp.com/invisiblehelmet/>

3. This fascinating Ted talk highlights this important new building technique, which again uses 3-D printing technology although massively scaled up to build houses in place.

This has NASA involvement as it is seen as the most likely construction method for building on Mars.

It allows deviating from traditional rectilinear architecture at no extra cost.

Curved structures which can imitate nature, are more pleasing to the eye, resist high winds, snow loads and earthquakes much better.

<http://www.wimp.com/printerhouse/>

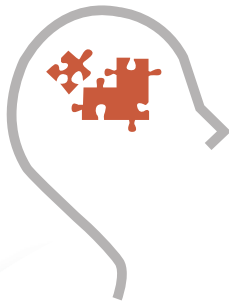
4. If you are fascinated by space exploration you will appreciate this detailed explanation of Curiosity the most recent NASA vehicle now on Mars.

Fission Powered by decaying Plutonium,,,Got that ?

<http://www.wimp.com/curiosityfive/>



*City of Ottawa
Proclamation of
Brain Injury
Awareness Month*



Brain Injury Association of Canada
Association canadienne des lésés cérébraux



9th Annual Conference /
9^e Conférence annuelle

National Arts Centre,
Ottawa, Ontario, Canada

September 26, 27, 28, 2012 /
26, 27, 28 septembre, 2012

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affect agnosia agraphia alexia am...
anomia anoxia antidepressant apathy apr...
aphemia apraxia apraxia of speech art therapy
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counseling social adjustment group trauma

CONFERENCE PROGRAMME & SPEAKERS

DAY ONE AM THE UNTOLD TRUTH

WEDNESDAY, SEPTEMBER 26, 2012
 MERCREDI, LE 26 SEPTEMBRE 2012



Dr. Christine Durham

8:30 - 8:45

Welcome / Mot de bienvenue

8:45 - 10:15

Keynote 1 – 'Keys to the ABI Cage: a new way to understand and talk about brain injury to help people help themselves',

Dr. Christine Durham, Talk About Change, Australia.

10:15 - 10:30

Nutrition Break / Pause santé

10:30 - 11:15

Breakout 1A – Research and Health Care

'Who waits in acute care after an acquired brain injury in Ontario'

Angela Colantonio, PhD, OT Reg. (Ont.), FACRM, University of Toronto and Toronto Rehabilitation Institute – UHN

Breakout 1B – Prevention and Education

'Teacher Preparation for Students with TBI: Who is Teaching Tomorrow's Teachers?'

Jacqueline Vintar Smith, Washington, D.C.

Breakout 1C – Support - Social Skills

'The Strongest Predictor of Employment Success: Now What?'

Alison Nicholson- Hamilton, Ontario

Breakout 1D – Family/Survivor/Caregiver

'The Road to Graduation: A model for successful integration of a student with a significant brain injury and severe communication challenges into a high school environment'

Mary-Ellen Thompson, Ph.D., Lisanne Mitts & Kaitlyn Woods- Belleville, ON

Breakout 1E – Séance parallèle 1E - French language presentation- Présentation en langue française

Research and Health Care - Recherche et soins de santé

'Observations cliniques suite à l'utilisation de la pharmacostimulation auprès de victimes de TCC modéré-grave'

Dr Serge Bergeron, omnipraticien et médecin conseil en neurotraumatologie au CSSS de Chicoutimi, et

Claude Dubé, PhD, professeur en neuropsychologie clinique à l'Université du Québec à Chicoutimi, Québec



Angela Colantonio

11:15 - 11:30

Coffee/Water Break - Pause santé

11:30 - 12:15

Breakout 2A – Research and Health Care

'Reintegrating/Managing Students with Concussion in a Post Secondary Setting: Creating a Safety Net'

Irene Sullivan-Toronto, ON

Breakout 2B – Prevention and Education

'Concussion Recovery: Rebuilding the Injured Brain'

Colleen Butler, Vancouver, B.C.

Breakout 2C – Support

'The Disconnected Disability and Access to Income Support Services'

Jeff Chartier and Frank Murphy - Durham Region

Breakout 2D – Family/Survivor/Caregiver

'Challenges Living With An Invisible Injury'

Jennifer Hooper, Ottawa, ON and Larry Carlson, Regina, SK

(This session will be led by Larry and Jennifer but is an opportunity for audience members to weigh in with their opinions on the challenges of having a brain injury and having to function in society.)

Breakout 2E – Séance parallèle 1E - French language presentation- Présentation en langue française

Research and Health Care - Recherche et soins de santé

'Acute global outcome in patients with mild uncomplicated and complicated traumatic brain injury' (en français)

Dr Jehane H Dagher, MD, BSPT, FRCPC, FAPPMR, Psychiatre - Institut de Réadaptation de Montréal et

Hôpital Général de Montréal, Professeure adjointe - Université McGill



Colleen Butler



Dr Jehane H Dagher

12:15 - 1:15

LUNCH – Dîner - Luncheon Speakers Shred 4 A Cause Canada Tour 2012, Mike Harris and Jeff Abbott

DAY ONE PM THE UNTOLD TRUTH

WEDNESDAY, SEPTEMBER 26, 2012
MERCREDI, LE 26 SEPTEMBRE 2012



M. Vassilyadi, MD,

1:15 - 2:15

Keynote 2 – Head Injuries in Children, the Concussion Research Project at CHEO and ThinkFirst
M. Vassilyadi, MD, Ottawa, ON

2:15 - 2:30

Coffee, Water Break / Pause santé

2:30 - 3:15

Breakout 3A - Research and Health Care-Susceptibility weighted imaging and its relationship to outcome after pediatric traumatic brain injury

Miriam H. Beauchamp- Montreal, QC

Breakout 3B - Prevention and Education- Educating Football Trainers and Coaches on Sideline Management of Concussions

Mona B Allan, RN, MScN., Ottawa, ON

Breakout 3C - Support - Assessing client risk for adults with acquired injuries – the development and validation of a Risk Assessment Scale at Brain Injury Services

Vlad Barchouk, Manager, Transitional Living Services Hamilton, ON

Breakout 3D - Family/Survivor/Caregiver - Exploding the Two-Year Myth of ABI Recovery

Leslie Birkett BSc. OT, OT Reg. (Ont.), Dr. H. Jane Storrie, Ph.D., C.Psych. ABDA – Burlington, ON

Breakout 3E – Séance parallèle 3E - French language presentation- Présentation en langue française
Research and Health Care - Recherche et soins de santé

Modèle régional de prise en charge des victimes de TCC léger dans la région du Saguenay Lac St-Jean au Québec

Guylaine Gobeil, conseillère en soins infirmiers, et Dr Serge Bergeron, omnipraticien et médecin conseil en neurotraumatologie, CSSS de Chicoutimi

3:15 - 3:30

Nutrition Break - Pause santé

3:30 - 4:15

Breakout 4A - Research and Health Care- Modifiable Factors that Enhance Successful Scholastic Reintegration for Students who have experienced Moderate to Severe Acquired Brain Injuries

Dawn Good, Ph.D., C. Psych. - St.Catharines, ON

Breakout 4B - Prevention and Education-Demonstrations of Effective Skill Training with Adults with Acquired Brain Injuries Using Direct Training Techniques- Support

Dr. Bruce Linder, Clinical Director, and Liana McLeod, B.A., R.T., Brain Injury Services, Hamilton, ON

Breakout 4C - Mentor and Partner Outcomes from an Ontario ABI Peer Support Mentoring Program

Kathryn Boschen and Judith Gargaro. Toronto, ON

Breakout 4D - Family/Survivor/Caregiver - Creating a New Story – A Journey to Full Recovery

Cristy Hayden, MA, B.Sc - Calgary, AB

Breakout 4E - Séance parallèle 4E - French language presentation- Présentation en langue française
Research and Health Care - Recherche et soins de santé

Troubles du sommeil et douleur suite à un traumatisme crânien léger : étude prospective

Samar Khoury, PhD(c), Hôpital du Sacré-Cœur de Montréal, Québec

3:15 - 3:30

Refreshment Break - Pause santé

4:15 - 4:30

Keynote 3 - From Grave to Cradle to Now - A tale of miracles, discoveries, horror, laughter and love by the father of a traumatically brain injured son. His discoveries include using the blood harmony of the collaterally damaged family as a lifesaving instrument, healing patient and family. From his book by the same name from Marrette Publishing at Marrette.cc/hcpro.html

Ian McCallum - Toronto, Ontario



Leslie Birkett



Dr. Bruce Linder



Ian McCallum

THURSDAY- SEPTEMBER 27, 2012

JEUDI, LE 27 SEPTEMBRE 2012

DAY TWO AM THE UNTOLD TRUTH



Doug Smith

9:00 - 10:00

Keynote 1 – ‘Unlocking Performance’ is an awakening journey from childhood leg braces, the unlikely rise to the National Hockey League by 18, brain & spinal cord injury and lessons learned. The story delineates Doug’s realizations after being paralyzed and experience of taking control of his mental conditioning, self image, trauma and performance in his business and personal life after hockey, to raising your own personal and business performance levels today. Experience recovery techniques for the mind, key lessons learned along the way & success secrets beyond sports, ego and the physical identity. *Doug Smith, Ottawa, Ontario*

10:00 - 10:15

Nutrition Break / Pause santé

10:15 - 11:00

Breakout 1A – Research and Health Care

‘Assessing cognitive function in brain injured patients with impairments in consciousness’

Loretta Norton, PhD student, University of Western Ontario

Breakout 1B – Prevention and Education

‘The Effectiveness of Self Awareness Training.’

Kristin Bouma – Hamilton, ON

Breakout 1C – Support - Social Skills

‘Support-The Use of Music Therapy with Individuals Who Have Experienced Brain Injury’

Cheryl Jones, Ottawa

Breakout 1D – Family/Survivor/Caregiver

‘Equine Experiential Learning’

Sharon Campbell Rayment - R.N., B.Sc.N., M.Div., Kent Bridge, ON

Breakout 1E – Séance parallèle 1E - French language presentation- *Présentation en langue française*

Research and Health Care - Recherche et soins de santé

‘Conséquences cognitives du traumatisme cérébro-crânien chez l’enfant’

Miriam H. Beauchamp, PhD, Professeure adjointe au département de psychologie, Université de Montréal

11:00 - 11:15

Coffee/Water Break - Pause santé

11:15 - 12:00

Breakout 2A – Research and Health Care

‘Acute global outcome in patients with mild uncomplicated and complicated traumatic brain injury’

Dr Jehane H Dagher, MD, BScPT, FRCPC, FABPMR, Psychiatrist - PM&R, Professeur adjoint - Physiatre Université de Montréal, Institut de Readaptation de Montréal Assistant Professor - Physical Medicine & Rehab McGill University, Montreal General Hospital

Breakout 2B – Prevention and Education

‘Prevention of a different kind! The Importance of Dental Health’

Victoria Leck, RDH, BHA-Manager of professional development -

The Canadian Dental Hygienists Association, Ottawa, ON

Breakout 2C – Support

‘Acquired Brain Injury System Navigators – Improving & Enhancing the Experience of Care for Individuals Who Suffer an Acquired Brain Injury in Ontario’

Jennifer Cobersky – North Ontario Regional ABI System Navigator, Alicia Nichols – North Simcoe Muskoka ABI System Navigator, Veronica Pepper – Hamilton Niagara Haldimand Brant ABI System Navigator

Breakout 2D – Family/Survivor/Caregiver

‘My Hopes for the Forgotten People’

Jessica Elizabeth Taylor, Oceanside Brain Injury Society & Resort Network in Parksville, B.C.

Breakout 2E – Séance parallèle 1E - French language presentation- *Présentation en langue française*

Research and Health Care - Recherche et soins de santé

‘Résilience de familles dont un adolescent est atteint d’un traumatisme craniocérébral : développement d’une intervention de soutien’ (en français)

Jérôme Gauvin-Lepage, PhD(c), Hôpital juif de réadaptation, Laval, Québec

12:00 - 1:30

LUNCH – Dîner BIAC Awards Luncheon - Remise des prix de l’ACLC- President of the Canadian Medical Association, *Anna Reid, MD, CCFP-EM*



Cheryl Jones



Jennifer Cobersky



Jérôme Gauvin-Lepage

DAY TWO PM THE UNTOLD TRUTH

THURSDAY- SEPTEMBER 27, 2012
JEUDI, LE 27 SEPTEMBRE 2012



Swapna Mylabathula

1:30 - 2:30

Keynote 2 – After The Crash, a play about brain injury - Elliot is a young professional who has suffered a traumatic brain injury. Because of this experience, he is faced with the challenge of rebuilding his life and his relationships, and the people around him play an important role in his struggle towards recovery.

Co-Produced by Ruckus Ensemble & Toronto Rehabilitation Institute

The Cast

| | |
|---------------------------|--------------|
| Elliot | Steven James |
| Jane | Megan Dennis |
| Dr Jeffreys, Trish, Celia | Melina Nacos |
| Dr Barndt, John, Pete | Mark Prince |

ruckus ✨



The Team

*Directed by: Julia Gray & Sarah Gale, Written by: Julia Gray and The Ensemble
Stage Manager: Giselle Clarke-Trenaman, Dramaturge/Data Analyst: Kate Rossiter
Bed Design: David Hoekstra, Set Design: Lindsay Anne Black*

Research Investigators

*Dr. Angela Colantonio, Co-Principal Investigator, Dr. Pia Kontos, Co-Principal Investigator
Dr. Michelle Keightley, Co-Investigator, Dr. Julie Gilbert, Co-Investigator*

*The performance runs 55 minutes long, with no intermission.
There will be a 15 minute Q and A, after the performance.*



E. Aiofe Freeman

2:30 - 2:45

Coffee, Water Break / Pause santé

2:45 - 3:30

Breakout 3A - Research and Health Care - '2013 CARF Brain Injury Standards'

Cathy Rebella, Tuscon, Arizona, CARF International, Resource Specialist

Breakout 3B - Prevention and Education - 'An Analysis of Concussion Management Protocols of Selected Sports Organizations'

Swapna Mylabathula, B.Sc. (Honours)

Breakout 3C - Support and Advocacy - 'I am who I am because of it': Experiences of Adolescents Living with a Parent who Acquired a Brain Injury'

E. Aiofe Freeman & Dr. Sharon E. Robertson, University of Calgary, Alberta

Breakout 3D - Family/Survivor/Caregiver - 'Errorless Learning to Increase Self Reliance in the Life of a Brain Injury Survivor'

Jennifer Lemke, Toba Miller, Ottawa, Anju Aggarwal, ON



Paula Ealey

3:30 - 3:45

Nutrition Break - Pause santé

3:45 - 4:30

**Breakout 4A - Research and Health Care - 'UNEXPECTED....EXPECT IT
CONNECT Lake Country: A NEW SERVICE MODE**

*Karen Tims, Leader CONNECT Lake Country, BC, Patti Flaherty, Executive Director, CONNECT
Lori Seeley, CIHS Practice Lead, CDMA and Community Allied Health Interior Health*

Breakout 4B - Prevention and Education - 'Medical Scooter Awareness Program'

Paula Ealey (assisted by Natalie Bieberdorf), BSW, RSW, Weyburn, SK

Breakout 4C - Support and Advocacy - 'Once upon a time -the use of narratives with families impacted by brain injury in a pediatric context'

The Neuro Response Team, IWK Health Centre, Halifax Nova Scotia. Corinne Sauvé MSW, RSW and Nancy Cashen BScN, RN.

Breakout 4D - Family/Survivor/Caregiver - 'Embracing a "Normalized Life" after Severe Brain Injury: The Possibilities are Endless

Leslie Lloyd, Mary-Ellen Thompson, Ph.D. & Fahmida Pardhan- Belleville, ON



Leslie Lloyd



Anne Hunt

9:00 - 10:00

Keynote 1 – ‘Women living with acquired brain injury in Canada: Pilot study exploring the impact of gender and sex on health and well-being.’

Angela Colantonio, PhD, OT. (C), Toronto Rehabilitation Institute, University of Toronto, Toronto, ON

10:00 - 10:15

Nutrition Break / Pause santé

10:15 - 11:00

Breakout 1A – Research and Health Care

‘The Energy Model as a healing paradigm for brain trauma’

Dean Hugie, MED, RPSYC, Regina, SK

Breakout 1B – Prevention and Education

‘Protective equipment: Why humans need it- the relationship between how humans play sport and how helmets protect against head injury.’

Dr TB Hoshizaki, School of Human Kinetics, University of Ottawa

Breakout 1C – Support and Advocacy

‘The value of setting goals: benefits for brain injury survivors’

Anne Hunt, M.S O.T. Reg (Ont.), PhD (Candidate) -University of Toronto

Breakout 1D – Family/Survivor/Caregiver

‘As If Adolescence isn’t Hard Enough- Peter-Luc will share the story of his injury, his life experiences since and how he has learned to cope as a teenager with a TBI.’

Peter-Luc Holman-Price

11:00 - 11:15

Coffee/Water Break - Pause santé

11:15 - 12:00

Breakout 2A – Research and Health Care

‘Factors Associated with Discharge Destination from Acute Care Among Patients with Acquired Brain Injury in Ontario Canada’

Vincy Chan, MPH, PhD Candidate - University of Toronto and Toronto Rehabilitation Institute - UHN

Breakout 2B – Prevention and Education

‘Analysis of Concussion Prevention Protocols in Sport Organizations’

Sandhya Mylabathula, BSc Honours - University of Toronto, Toronto, ON

Breakout 2C – Support and Advocacy

‘Caring for a Brain Injured Person: What’s important and how professionals can help during the first year following injury.’

Alanna Keenan, RN, MScN, Advanced Practice Nurse – Trauma,

Lynn Joseph, RN, MScN CNN(C), Advanced Practice Nurse, Ottawa, ON

Breakout 2D – Family/Survivor/Caregiver

‘Reintegration Programs - Exemplary Evidence - Informed Programs that Foster Community Participation - The outcome and examples of the world’s first comprehensive review and casing of exemplary evidence informed programs that promote community participation after ABI.’

Dr. Richard Volpe

12:00 - 1:00

LUNCH – Dîner LUNCHEON SPEAKER AND WRAPUP- Dîner et retour sur la conference- TBA



Peter-Luc Holman-Price



Vincy Chan



Dr. Richard Volpe

About Our Cause: Acquired Brain Injury

In an instant a life is changed, forever. Every day, we participate in activities that produce endless risks for sustaining a brain injury: car accidents, a fall from a bike, or a blow to the head. It is estimated that thousands of Canadians incur a traumatic brain injury (TBI) and mild traumatic brain injury (mTBI), also known as a concussion, each year, the majority being young adults. Statistics indicate that the incidence of brain injury is two times greater in men. The Brain Injury Association of Canada strives to raise awareness of the incidence of acquired brain injury (ABI) in Canada.

A brain injury may make it necessary for the injured person to require full time assistance. Families often become the primary caregiver and support person. Many families are left to cope on their own. They sometimes have little understanding of the effects of the injury and the demands that will be made of them by an injured family member. Families need support from others who understand the effects of acquired brain injury. The Brain Injury Association of Canada (BIAC) provides a shared forum for the support of both families and survivors. BIAC also advocates for the enhancement support services.

Prevention through public education, and safety

legislation is the key to the reducing the occurrence of ABI amongst Canadians. The Brain Injury Association of Canada engages in extensive public education initiatives through its many local community associations across Canada.

Medical and safety research is another key to addressing ABI. The Brain Injury Association of Canada endeavors to support and promote research in Canada and internationally.



Impact BIAC News is here to serve the readers and is published four times a year (Editors - Barb Butler, Guy Lemieux). We invite submissions: professional articles on rehabilitation, acquired brain injury, and injury prevention, personal interest, provincial and local association news, and profiles of courage.

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